



December 2009

## School Sport Coordinator (SSCo) News

New government targets for the national School Sport Partnership Programme:

By 2010 – 2011:

- 80% of 5 – 16 year olds will be taking part in 3 hours per week of PE & sport organised by schools.
- 40% taking part in 5 hours of PE & School Sport each week.

### Focus on Sports Leadership & Volunteering

#### TAG rugby festival

36 year 10 sports leaders hosted a very successful festival at the end of term 1. 140 year 5 children participated in a fun and active morning of games. Well done to the year 10 leaders, an excellent start to your Sports Leadership course in key stage 4 PE.



#### Year 6 Hockey Festival

Well done to the 33 year 10 girls who lead a successful hockey festival for year 6 players. In cold and damp conditions over 100 children from Freshford, Combe Down and Widcombe were lead through a series of games and competitions to improve their knowledge and performance in hockey.

#### Year 12 Community Sports Leaders residential training

Four year 12 students (Dave Beveridge, James Gale, Calum Campbell-Jones and Ben Wicks) attended a residential course at Barton Camp to gain the level 2 Award in Community Sports Leadership. The course run by B&NES and North Somerset School Sport Partnerships provided the 35 hours of tutoring in 3 days of intensive leadership training. All four students performed very well and worked effectively with students from other schools across the area. Each candidate has to complete 10 hours of voluntary leadership in a club/ community setting to complete the award.

## **6<sup>th</sup> Form football Coach working on FA Level 2 Award**

**Nick Carter** spent October ½ term completing the training for the **Football Association Level 2 coaching certificate**. A talented footballer, athlete and sports leader, Nick has made a significant contribution to Sport at Ralph Allen, working as a Young Ambassador for the B&NES Partnership for 2 years and coaching the year 7 school team last season. Nick now has to pass his assessment in the new year to become a Level 2 qualified FA coach, which would be an outstanding achievement for a 6<sup>th</sup> form student.

## **B&NES Football Tournament Referees**

Thank you and well done to the year 10, 11 and 12 students who volunteered as officials for the recent B&NES primary schools football tournaments at the Sulis Club. **Dalton Limbert-Player** refereed the boys plate final in pouring rain and **Ashleigh Ascott, Abi Froud and Amy Hardy** (year 10) acted as referees for the girls tournament. These three talented football players were worthy role models for the younger girls. Competition manager Sarah McLeod from WESPORT was full of admiration and thanks for the excellent officiating and reliable leadership given by the Ralph Allen students.

Any Ralph Allen students, who are volunteering as leaders at local clubs, please tell the PE department about your work.

## **Coming up in 2010 . . .**

### **Wednesday Window Young Sports Leaders team**

A team of 16 year 7-10 students will be working with Mr Holt to deliver multi-skills and TAG tails to key stage 1 children from Freshford and Widcombe infant school. The team have one further training session before they travel to our partner schools to lead a class of 5-7 year old children eager for some active fun! This new programme provides an excellent leadership opportunity for our KS3 students, some of whom were trained by Mr Holt as Play Leaders in years 5 & 6.

### **6<sup>th</sup> Form leaders required for Year 7 multi skills clubs**

Two year 7 multi-skills clubs will be starting in January to give specific children an extended opportunity to develop athleticism and generic sporting abilities. Mr Holt will be working with a team of 6<sup>th</sup> form volunteers to plan and deliver a 5-week programme of skills and athleticism training. The first club will be an extension programme for talented performers in year 7.

### **Festival events in terms 3 & 4 . . .**

More year 10 leaders will be training to lead forthcoming primary festivals;

Year 2 gymnastics – February 3 & 10

Year 4 Football – March 24